

0^+ $\tau = 1.5 \text{ My}$

^{60}Fe

β^- decay

2^+

γ 59 keV

5^+

$\tau = 5.3 \text{ y}$

^{60}Co

β^- decay

4^+

γ 1.173 MeV

2^+

γ 1.332 MeV

0^+

^{60}Ni