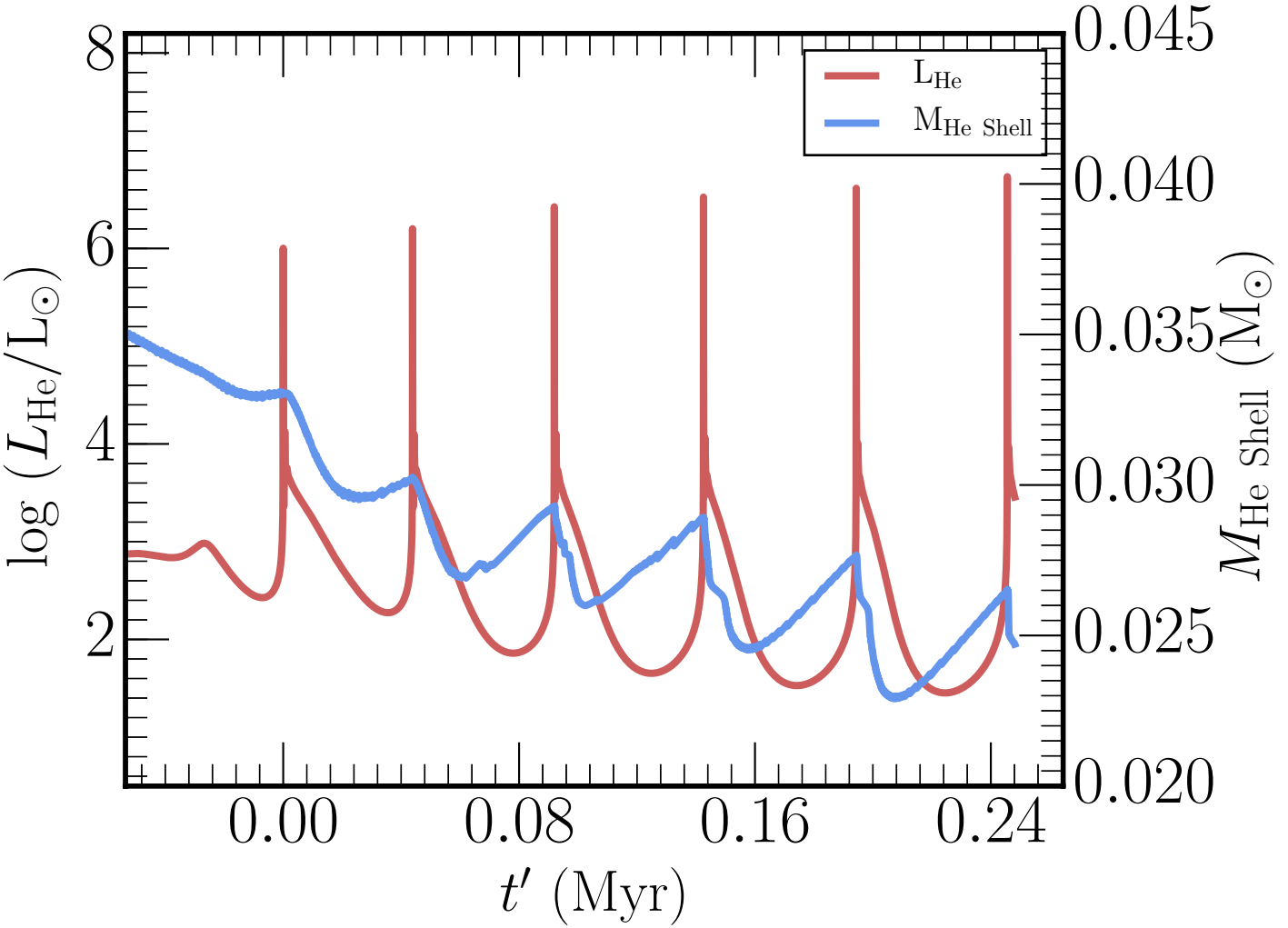
L_He
M_He Shell
log (L_He/L_⊙)
M_He Shell (M_⊙)
t′ (Myr)
8
6
4
2
0.045
0.040
0.035
0.030
0.025
0.020
0.00
0.08
0.16
0.24