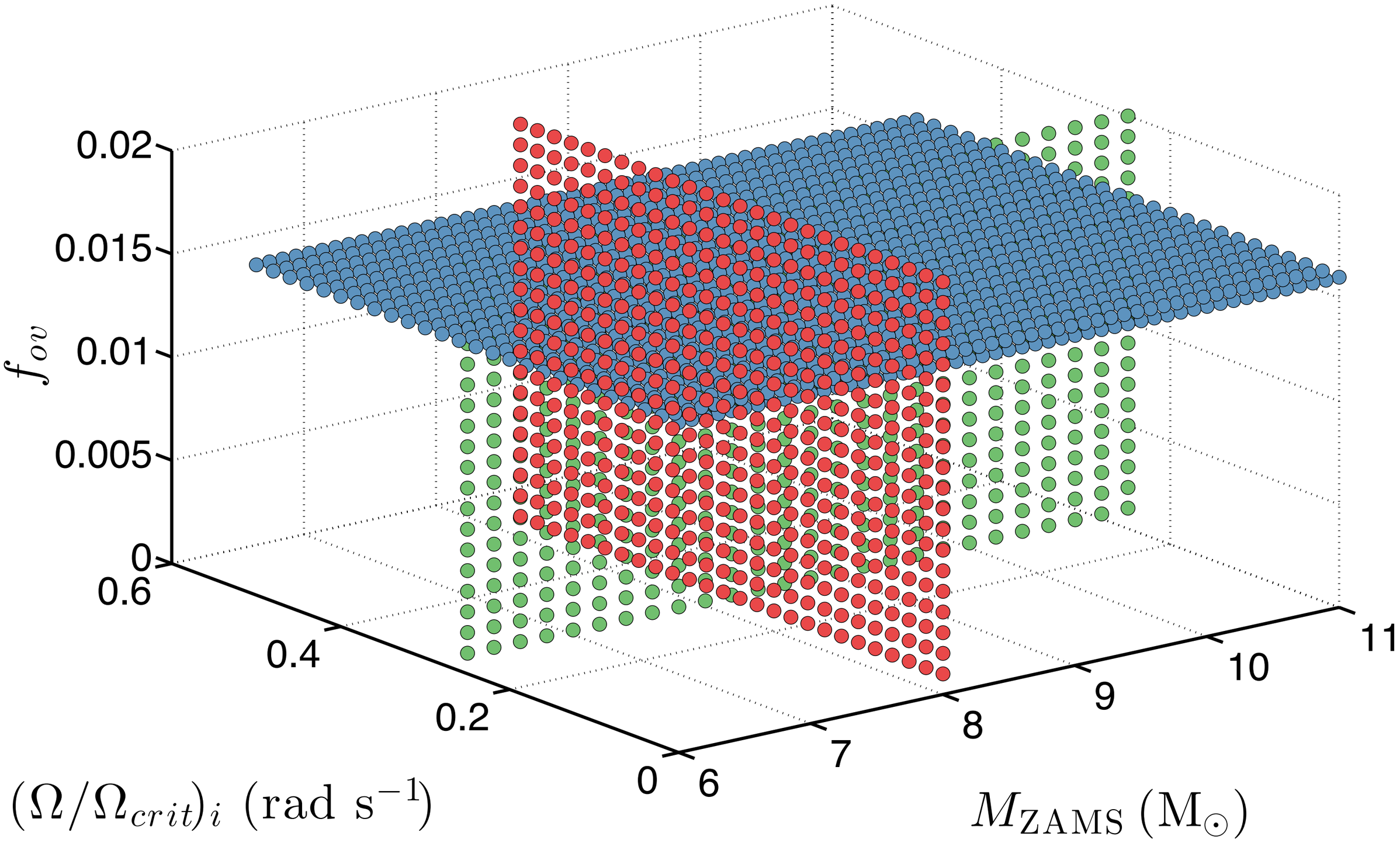
0.02
0.015
0.01
0.005
0
f_{ov}
0.6
0.4
0.2
0
$(\Omega/\Omega_{crit})_i$ (rad s^{-1})
6
7
8
9
10
11
$M_{\rm ZAMS}$ (M$_\odot$)