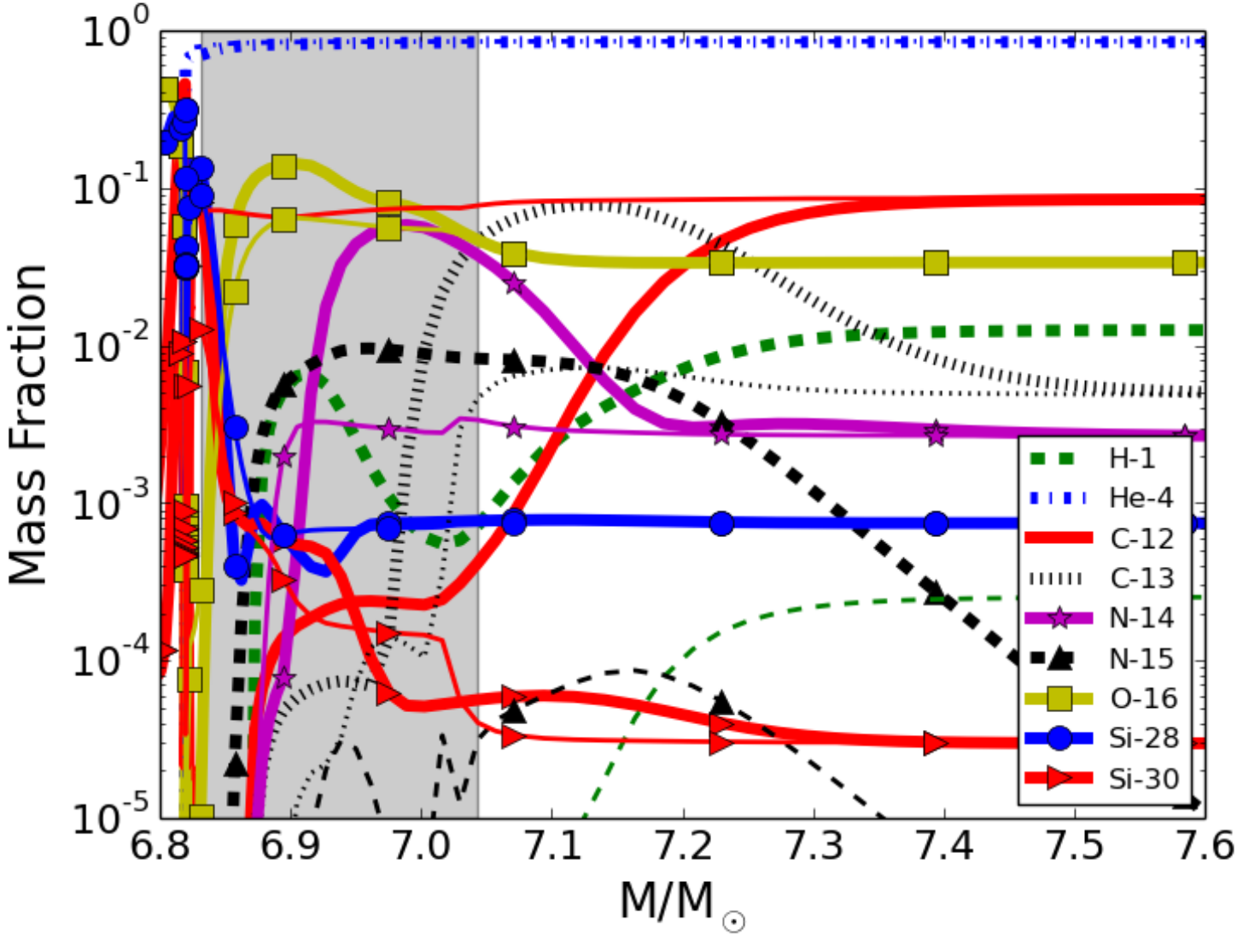
Mass Fraction
M/M⊙
H-1
He-4
C-12
C-13
N-14
N-15
O-16
Si-28
Si-30